

Parent & Caregiver Support Group

**You are not alone.
There is hope.
We can help.**



When and where?

6 - 7:30 p.m.

Second Tuesday of the
month at NAMI Fox Valley,
211 E. Franklin St., Appleton

Who is it for?

Parents and caregivers of
children and teens 18 and
under (or still in high school)
who struggle with mental
illness.

**Is your child or teen struggling with
mental health issues? NAMI Fox Valley
can help.**

Led by trained facilitators who have
children living with mental illness, this
monthly support group helps parents and
caregivers discover resources, learn coping
skills and experience mutual compassion
and support from others who understand
their journey.

For more information:

(920) 954-1550 • www.namifoxvalley.org

