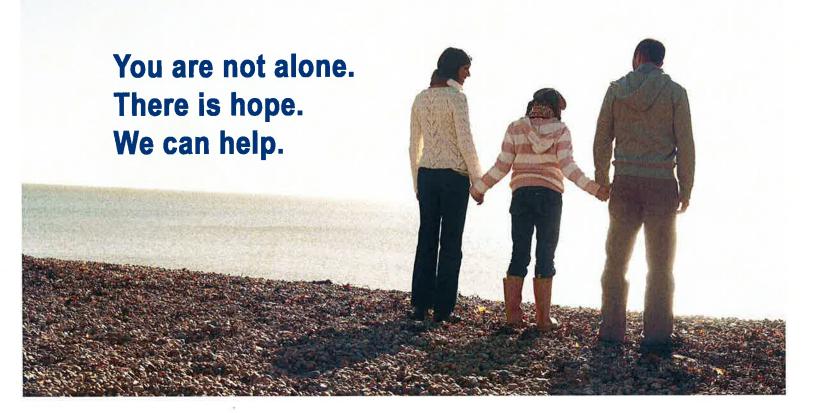


## **CONTAINI**Parent & Caregiver Fox Valley Support Group



## When and where?

6 - 7:30 p.m. Second Tuesday of the month at NAMI Fox Valley, 211 E. Franklin St., Appleton

## Who is it for?

Parents and caregivers of children and teens 18 and under (or still in high school) who struggle with mental illness.

Is your child or teen struggling with mental health issues? NAMI Fox Valley can help.

Led by trained facilitators who have children living with mental illness, this monthly support group helps parents and caregivers discover resources, learn coping skills and experience mutual compassion and support from others who understand their journey.

For more information:

(920) 954-1550 • www.namifoxvalley.org

