



Chartwells School Dining Services at Neenah Elementary Schools Menu - January

Student Lunch: \$2.45 Reduced Price: \$0.40 Milk: \$0.40 Extra Meal: \$2.70 Extra Entrée: \$2.50 Adult Lunch: \$3.80

A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and milk.

Milk choices include skim white, 1% white and skim chocolate.

← = **Food Focus**

A cold vegetable and fruit bar is available daily on which we feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices. See back of menu for this month's featured selections. We also offer at least one hot vegetable daily on our serving line.

Monday	Tuesday	Wednesday	Thursday	Friday
HAPPY NEW YEAR				
			1 Winter Recess	2 Winter Recess
5 WG Cheese Pizza ←	6 Popcorn Chicken ←	7 WG Pancakes W/ Syrup & Sausage Patty ←	8 Turkey Hot Dog on WG Bun ←	9 National Apricot Day WG Cheese Tortellini W/ Spaghetti Sauce & Shredded Mozzarella ←
12 Cheeseburger on WG Bun ←	13 National Milk Day WG Mini Corn Dogs W/ Buttered Noodles ←	14 Homemade French Bread Pizza W/ Pepperoni ←	15 Breaded Chicken Patty on WG Bun ←	16 Early Release Grab N Go PB&J Baby Carrots, 100% Juice, Chocolate Chip Cookie
19 WG French Toast Sticks W/ Sausage Patty ←	20 National Cheese Lovers Day WG Spaghetti W Spaghetti Sauce & Shredded Mozzarella Cheese ←	21 Soft Shell Taco W/ Shredded Lettuce & Shredded Cheddar Cheese ←	22 Lunch Chosen By You!! To Be Announced ←	23 Winter Treat Day Stuffed Baked Potato W/ Cheddar Cheese & Diced Ham WG Dinner Roll Chocolate Chip Cookie ←
26 Lucky Tray Day Chicken Fried Rice ←	27 Toasted Cheese Sandwich on WG Bread W/ Tomato Soup ←	28 Fun Bag Lunch Trix Cherry Yogurt String Cheese & Chocolate Chip Muffin ←	29 Homemade French Bread Pizza W/ Pepperoni ←	30 Early Release Grab N Go PB&J Baby Carrots, 100% Juice, Chocolate Chip Cookie
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk) :				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Whole Grain Breaded Chicken Nuggets ←	WG Pizza Dippers ←	Whole Grain Chicken Patty on a Whole Grain Bun ←	Whole Grain Turkey Corn Dog Nuggets ←	Tony's Cheese Pizza on Whole Wheat ←
Peanut Butter & Jelly on Whole Wheat ←	Peanut Butter & Jelly on Whole Wheat	Peanut Butter & Jelly on Whole Wheat	Peanut Butter & Jelly on Whole Wheat	Peanut Butter & Jelly on Whole Wheat
Deli Chef Salad w/ WG Bread & WG Crackers ←	Deli Chef Salad w/ WG Bread & WG Crackers	Deli Chef Salad w/ WG Bread & WG Crackers	Deli Chef Salad w/ WG Bread & WG Crackers	Deli Chef Salad w/ WG Bread & WG Crackers

Menus subject to change without notice. Please visit www.neenah.k12.wi.us for our most current menu.

Questions or comments?

Please call Michele Stahmann, Dining Services Director at 920-751-6800 x 220



Go to MyPlate.gov for online personal wellness resources for you and your family.

This month's food focus is: Whole Grains: Brown Rice, Pasta, Bran, & Oats

Try to eat a few different whole grains a day – like whole grain cereal at breakfast, whole wheat pita bread at lunch, and then brown rice at dinner.

School Foodservice Information

Price: \$2.45 paid, \$ 0.40 reduced*, free* (*if qualified), \$0.40 milk, \$2.70 extra meal, \$2.50 extra entree, \$3.80 adult lunch

No advance registration necessary! All students are welcome every day!

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.

Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com .











Now Hiring!

Enjoy summers and school year breaks with your kids! Chartwells, an independent contractor for the Neenah Joint School District, is NOW HIRING for Food Service positions. For specific questions, job applications contact Michele at 920-751-6800 x220. Please send completed applications to: 410 S. Commercial St., Neenah WI 54956



This Month's Fruit and Vegetable Bar Featured Selections:

Monday	Tuesday	Wednesday	Thursday	Friday
January 5-9				
Whole Kernel Corn	Steamed Peas	Steamed Broccoli	Tator Tots	Steamed Green Beans
Baby Carrots	Dark Green Tossed Salad	Pinto Bean Salad	Citrus Kidney Bean Salad	Green Peppers
Applesauce	 Fresh Apple	Fresh Blueberries	Fresh Orange	 Fresh Apple
Chilled Pears	Mixed Fruit	Rosy Applesauce	Cinnamon Apple Slices	Chilled Apricots
January 12-16				
Whole Kernel Corn	Steamed Peas	Steamed Green Beans	Steamed Carrots	Grab N Go
Citrus Kidney Bean Salad	Broccoli Florets	Citrus Black Bean Salad	Pinto Bean Salad	
 Fresh Apple	 Fresh Apple	Fresh Banana	Fresh Cherries	
Chilled Pears	Mixed Fruit	Cinnamon Apple Slices	Applesauce	
January 19-23				
Steamed Green Beans	Steamed Carrots	Refried Beans	Whole Kernel Corn	Steamed Broccoli
Pinto Bean Salad	Citrus Black Bean Salad	Dark Green Tossed Salad	Citrus Kidney Bean Salad	Celery Sticks
 Fresh Apple	Fresh Strawberries	Fresh Cherries	 Fresh Apple	Fresh Orange
Chilled Pears	Applesauce	Rosy Applesauce	Chilled Peaches	Cinnamon Apple Slices
January 26-30				
Whole Kernel Corn	Steamed Green Beans	Broccoli Florets	Steamed Carrots	Grab N Go
Citrus Kidney Bean Salad	Dark Green Tossed Salad	Citrus Black Bean Salad	Pinto Bean Salad	
 Fresh Apple	 Fresh Apple	Fresh Banana	Fresh Blueberries	
Chilled Pears	Mixed Fruit	Applesauce	Chilled Apple Slices	

Now Hiring!

Would you like to work while your kids are in school? Chartwells is hiring food service workers.

Job applications are located on the Neenah Joint School District website or in the Administration Building.