

# **Chartwells School Dining Services at Neenah Elementary Schools Menu - February**

Student Lunch: \$2.45 Reduced Price: \$0.40 Milk: \$0.40 Extra Meal: \$2.70 Extra Entrée: \$2.50 Adult Lunch: \$3.80

A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and milk.

Milk choices include skim white, 1% white and skim chocolate.

= Food Focus

**A cold vegetable and fruit bar is available daily** on which we feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices. See back of menu for this month's featured selections. We also offer at least one hot vegetable daily on our serving line.

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Quesadilla W Pizza Sauce	Machos Nachos W/ Shredded Lettuce & Cheddar Cheese	Lucky Tray Day 4 Fish Sticks W/ Potato Wedges & Dinner Roll  Homemade Soup Day11	Results of January 5 Lunch Chosen By You! Cheese Omelet & French Toast Sticks, Treat: Chocolate Pudding  American Pizza Week 12	Hot Ham & Cheese On a WG Bun
Mini Corn Dogs W/ Buttered Noodles	Roast Turkey W/ Mashed Potatoes, Gravy, & WG Dinner Roll	Toasted Cheese Sandwich W/ Homemade Chicken Noodle Soup	Homemade French Bread Pepperoni Pizza 年	Breaded Chicken Nuggets  Valentines Day Treat  Sugar Cookie
Breakfast For Lunch 16  WG Pancakes  W/ Syrup  & Sausage Patty	Soft Taco W/ Shredded Lettuce & Cheese	WG Cheese Pizza	WG Pasta W/ Spaghetti Sauce & Shredded Mozzarella Cheese	Early Release 20 Grab N Go PB&J Baby Carrots, 100% Juice, Chocolate Chip Cookie
"Walking Taco" Bag of Fritos, Taco Meat & Shredded Cheddar Cheese Cinnamon Sky Grahams	Turkey Hot Dog on WG Bun W/ Tater Tots	Fun Bag Lunch 25 Hard Boiled Egg String Cheese Chocolate Chocolate Chip Muffin	Early Release 26 Grab N Go  PB&J Baby Carrots, 100% Juice, Chocolate Chip Cookie	No School
		<u> </u>	from our fruit/vegetable bar, and	
Mondays Whole Grain Breaded Chicken Nuggets Peanut Butter & Jelly on Whole	Tuesdays  WG Pizza Dippers  Peanut Butter & Jelly on	Wednesdays  Whole Grain Chicken Patty on a Whole Grain Bun Peanut Butter & Jelly on	Thursdays  Whole Grain Turkey Corn Dog Nuggets  Peanut Butter & Jelly on Whole	Fridays Tony's Cheese Pizza on Whole Wheat Peanut Butter & Jelly on
Wheat Cheese Chef Salad w/ WG Bagel	Whole Wheat Cheese Chef Salad w/ WG Bagel	Whole Wheat Cheese Chef Salad w/ WG Bagel	Wheat Cheese Chef Salad w/ WG Bagel	Whole Wheat Cheese Chef Salad w/ WG Bagel

Menus subject to change without notice. Please visit www.neenah.k12.wi.us for our most current menu.

## Questions or comments?

Please call Michele Stahmann, Dining Services Director at 920-751-6800 x 10150



Go to MyPlate.gov for online personal wellness resources for you and your family.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.

This month's food focus is: <u>Herbs & Spices:</u> Basil, Parsley, Cinnamon, Cilantro, Garlic, Chili, Ginger, Rosemary Experiment with different herbs and spices to see which flavors you like best.

### School Foodservice Information

**Price:** \$2.45 paid, \$ 0.40 reduced\*, free\* (\*if qualified), \$0.40 milk, \$2.70 extra meal, \$2.50 extra entree, \$3.80 adult lunch

No advance registration necessary! All students are welcome every day!

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school. **Our guidelines:** 

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com .

# **Now Hiring!**

Enjoy summers and school year breaks with your kids! Chartwells, an independent contractor for the Neenah Joint School District, is NOW HIRING for Food Service positions. For specific questions, job applications contact Michele at 920-751-6800 x220. Please send completed applications to: 410 S.

## This Month's Fruit and Vegetable Bar Featured Selections:

Monday	Tuesday	Wednesday	Thursday	Friday
,	,	February 2-6	,	
Steamed Carrots	Steamed Green Beans	Steamed Carrots	Whole Kernel Corn	Potato Wedges
Pinto Bean Salad 🛭 (==	Dark Green Tossed Salad	Citrus Black Bean Salad	🖕 Citrus Kidney Bean Salad 仁	Broccoli Florets
Fresh Apple	Fresh Apple	Fresh Blueberries	Fresh Apple	Fresh Apple
Applesauce	Mixed Fruit	Rosy Applesauce	Diced Peaches	Fresh Apricots
		February 9-13		
Whole Kernel Corn	Steamed Green Beans	Potato Wedges	Steamed Carrots	Whole Kernel Corn
Citrus Kidney Bean Salad 🤙	Dark Green Tossed Salad	Citrus Black Bean Salad 🥧	Pinto Bean Salad 🛭 👍	Broccoli Florets
Fresh Apple	Fresh Apple	Fresh Banana	Fresh Orange	Fresh Apple
Applesauce	Mixed Fruit	Cinnamon Applesauce 🧲	Applesauce	Cinnamon Apple Slices
		February 16-20		
Tator Tots	Refried Beans	Steamed Carrots	Whole Kernel Corn	Grab N Go
Pinto Bean Salad 👍	Broccoli Florets	Citrus Black Bean Salad	🔳 Citrus Kidney Bean Salad 仁	
Fresh Apple	Fresh Orange	Fresh Apple	Fresh Apple	
Mixed Fruit	Fresh Apple Slices	Cinnamon Applesauce	Chilled Peaches	
		February 23-27		
Whole Kernel Corn	Baked Beans	Baby Carrots	Grab N Go	No School
Citrus Kidney Bean Salad 🤙	Dark Green Tossed Salad	Citrus Black Bean Salad 🧳		
Fresh Apple	Fresh Blueberries	Fresh Strawberries		
Chilled Pears	Rosy Applesauce	Fresh Apple Slices		

## Now Hiring!

Would you like to work while your kids are in school? Chartwells is hiring food service workers.

Job applications are located on the Neenah Joint School District website or in the Administration Building.