





Chartwells School Dining Services at Neenah Elementary Schools Menu - December

Student Lunch: \$2.45 Reduced Price: \$0.40 Milk: \$0.40 Extra Meal: \$2.70 Extra Entrée: \$2.50 Adult Lunch: \$3.80

A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and milk.

Milk choices include skim white, 1% white and skim chocolate.

A cold vegetable and fruit bar is available daily on which we feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices. See back of menu for this month's featured selections. We also offer at least one hot vegetable daily on our serving line.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheese Quesadilla W/ Pizza Sauce	2 Breakfast For Lunch Sausage Patty And WG Pancakes W/ Syrup	3 Fun Bag Lunch Cherry Crush Yogurt Chocolate Chip Muffin String Cheese	4 WG Chicken Nuggets W/ WG Dinner Roll	5 Turkey and Cheese Fun Wrap
8 Toasted Cheese Sandwich on Goldfish Bread! Creamy Tomato Soup	9 Turkey Hot Dog on WG Bun	10 Homemade Cheese Tortel W/ Spaghetti Sauce W/ WG Dinner Roll	11 Pizza Dippers W/ Pizza Sauce	12 Machos Nachos W/ Shredded Cheddar and Shredded Lettuce & Mild Salsa
15 WG Soft Shell Taco With Lettuce and Shredded Mozzarella	16 Lucky Tray Day Mini Corn Dgs W/ Tator Tots & WG Dinner Roll	17 Roast Turkey & Mashed Potatoes & Gravy WG Dinner Roll Santa Cookie (Choc Chip Cookie)	18 Homemade Pepperoni French Bread Pizza	19 Fun Bag Lunch Chosen By You! To Be Announced
22 WG Cheese Pizza	23 Early Release Grab N Go PB&J on WG Bread, Baby Carrots, 100% Juice Box, Chocolate Chip Cookie	24 Winter Recess	25 Winter Recess 	26 Winter Recess
29 Winter Recess 	30 Winter Recess	31 Winter Recess	Food Focus Dairy: Try to get three to four servings of dairy daily.	
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk) :				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Whole Grain Breaded Chicken Nuggets	Pizza Dippers	WG Chicken Patty on a Whole Grain Bun	Whole Grain Turkey Corn Dog Nuggets	Tony's Cheese Pizza on Whole Wheat
Peanut Butter & Jelly on Whole Wheat	Peanut Butter & Jelly on Whole Wheat	Peanut Butter & Jelly on Whole Wheat	Peanut Butter & Jelly on Whole Wheat	Peanut Butter & Jelly on Whole Wheat
Deli Chef Salad w/ WG Bagel	Deli Chef Salad w/ WG Bagel	Deli Chef Salad w/ WG Bagel	Deli Chef Salad w/ WG Bagel	Deli Chef Salad w/ WG Bagel



Go to MyPlate.gov for online personal wellness resources for you and your family.

Questions or comments?

Please call Michele Stahmann, Dining Services Director at 920-751-6800 x 220

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.

** Hamburger with lettuce & tomatoes optional.

This month's food focus is: *Dairy: Milk, Cheese, Yogurt*

Milk can be a great exercise recovery drink because it has carbohydrates to refuel, protein for muscle building, and fluid and electrolytes for rehydration.

School Foodservice Information

Price: \$2.45 paid, \$ 0.40 reduced*, free* (*if qualified), \$0.40 milk, \$2.70 extra meal, \$2.50 extra entree, \$3.80 adult lunch

No advance registration necessary! All students are welcome every day!

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.

Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based


Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce









To learn more about Chartwells go to www.EatLearnLive.com .

Now Hiring!

Enjoy summers and school year breaks with your kids! Chartwells, an independent contractor for the Neenah Joint School District, is NOW HIRING for Food Service positions. For specific questions, job applications contact Michele at 920-751-6800 x220. Please send completed applications to: 410 S. Commercial St., Neenah WI 54956



This Month's Fruit and Vegetable Bar Featured Selections:

Monday	Tuesday	Wednesday	Thursday	Friday
December 1-5				
Whole Kernel corn	Tater Tots	Steamed Carrots	Steamed Green Beans	Steamed Broccoli
Baby Carrots	Green Pepper Slices	Cucumber Coins	Citrus Kidney Bean Salad	Dark Green Tossed Salad
 Fresh Apple	Fresh Blueberries	Fresh Banana	 Fresh Apple	 Fresh Apple
Chilled Pears	Mixed Fruit	Applesauce	Chilled Peaches	Chilled Pears
December 8-12				
Steamed Broccoli	Steamed Peas	Steamed Green Beans	Whole Kernel Corn	Steamed Carrots
Citrus Kidney Bean Salad	Dark Green Tossed Salad	Celery Sticks	Black Bean Salad	Cucumber Coins
 Fresh Apple	Fresh Orange	 Fresh Apple	Fresh Cherries	 Fresh Apple
Chilled Pears	Cinnamon Apple Slices	Applesauce	Chilled Pears	Mixed Fruit
December 15-19				
Refried Beans	Steamed Green Beans	Steamed Peas	Whole Kernel Corn	Steamed Broccoli
Dark Green Tossed Salad	Black Bean Salad	Cucumber Coins	Citrus Kidney Bean Salad	Celery Sticks
Fresh Strawberries	 Fresh Apple	Fresh Cherries	 Fresh Apple	Chilled Pears
Applesauce	Tropical Fruit Salad	Cinnamon Apple Slices	Pineapple Tidbits	
December 22-26				
Steamed Peas				
Baby Carrots	Early Release	Winter Recess	Winter Recess	Winter Recess
Cinnamon Apple Slices	Grab N Go			
December 29-31				
Winter Recess	Winter Recess	Winter Recess		

Now Hiring!

Would you like to work while your kids are in school? Chartwells is hiring food service workers.

Job applications are located on the Neenah Joint School District website or in the Administration Building.