



Chartwells School Dining Services at Neenah Elementary Schools Menu - October

Student Lunch: \$2.50 Reduced Price: \$0.40 Milk: \$0.40 Extra Meal: \$2.70 Extra Entrée: \$2.50 Adult Lunch: \$3.80

A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and milk.

Milk choices include skim white, 1% white and skim chocolate.

A cold vegetable and fruit bar is available daily on which we feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices. See back of menu for this month's featured selections. We also offer at least one hot vegetable daily on our serving line.

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1	2
			Lucky Tray Day Chicken Fried Rice	BBQ Riblet on WG Hoagie
5	6	7	8	9
Turkey & Cheese Flatbread Sandwich	Popcorn Chicken & Mashed Potatoes	Fun Bag Lunch String Cheese & Cherry Trix Yogurt w/ WG Chocolate Chip Muffin	Chicken Nuggets & Chipotle Ranch Sauce	Fish Sticks & Buttered WG Penne
12	13	14	15	16
Breakfast for Lunch French Toast Sticks & Sausage Patty	Autumn Cookout! Turkey Hot Dog & BBQ Beans <i>Treat: Chocolate Chip Cookie</i>	Classic Cheese Pizza	WG Soft Pretzel & Cheese Sauce w/ Danimals Strawberry Yogurt	Chicken & Brown Gravy w/ Mashed Potatoes
19	20	21	22	23
Cheese Quesadilla & Salsa <i>Treat: Scooby Snack</i>	Orange Chicken & Brown Rice	Macho Nachos	Pizza Dippers & Creamy Tomato Soup	Breakfast for Lunch Cheese Omelet & WG Pancakes
26	27	28	29	30
Krabby Patty & Twisted Fries	Mini Turkey Corn Dogs	Spooky Spaghetti w/ Zesty Marinara & Mozzarella <i>Treat: Spooky Cookie Bar</i>	Early Dismissal Grab & Go Fresh Baby Carrots & Smucker's Uncrustable w/ Juice Box & Chocolate Chip Cookie	No School

Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk):

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
WG Chicken Nuggets	WG Pizza Dippers	WG Chicken Pattie Sandwich	WG Mini Turkey Corn Dogs	Homemade French Bread Pizza
Smuckers PB&J Uncrustable	Smuckers PB&J Uncrustable	Smuckers PB&J Uncrustable	Smuckers PB&J Uncrustable	Smuckers PB&J Uncrustable
Cheese Chef Salad w/ WG Bagel	Cheese Chef Salad w/ WG Bagel	Cheese Chef Salad w/ WG Bagel	Cheese Chef Salad w/ WG Bagel	Cheese Chef Salad w/ WG Bagel

Menus subject to change without notice. Please visit www.neenah.k12.wi.us for our most current menu.

Questions or comments?

Please call Michele Stahmann, Dining Services Director at 920-751-6800 x 10150



Go to MyPlate.gov for online personal wellness resources for you and your family.

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School Foodservice Information

Price: \$2.50 paid, \$ 0.40 reduced*, free* (*if qualified), \$0.40 milk, \$2.70 extra meal, \$2.50 extra entree, \$3.80 adult lunch

No advance registration necessary! All students are welcome every day!

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.

Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables,

such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com .










Now Hiring!

Enjoy summers and school year breaks with your kids! Chartwells, an independent contractor for the Neenah Joint School District, is NOW HIRING for Food Service positions. Apply online at www.compassgroupcareers.com. For specific questions contact Michele at 920-751-6800



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This Month's Fruit and Vegetable Bar Featured Selections:

Monday	Tuesday	Wednesday	Thursday	Friday
October 1-2				
			Steamed Carrots	Whole Kernel Corn
			Pinto Bean Salad	Cucumber Coins
			Fresh Orange	 Fresh Apple
			Cinnamon Apple Slices	Rosy Applesauce
October 5-9				
Fresh Peas	Whole Kernel Corn	Steamed Green Beans	Mixed Vegetables	Steamed Carrots
Pinto Bean Salad	Dark Greens Salad	Baby Carrots	Citrus Kidney Bean Salad	Broccoli Florets
 Fresh Apple	Fresh Blueberries	Fresh Banana	Fresh Apple	 Fresh Apple
Pineapple Tidbits	Rosy Applesauce	Applesauce	Cinnamon Apple Slices	Chilled Peaches
October 12-16				
Whole Kernel Corn	BBQ Beans	Steamed Green Beans	Steamed Carrots	Steamed Peas
Pinto Bean Salad	Dark Greens Salad	Fresh Green Peppers	Pinto Bean Salad	Fresh Celery Sticks
 Fresh Apple	Fresh Apple	Fresh Strawberries	Fresh Orange	 Fresh Apple
Applesauce	Mandarin Oranges	Cinnamon Applesauce	Apple Slices	Tropical Fruit Salad
October 19-23				
Whole Kernel Corn	Peas & Carrots	Refried Beans	Steamed Green Beans	Steamed Carrots
Pinto Bean Salad	Dark Greens Salad	Fresh Green Peppers	Citrus Kidney Bean Salad	Cucumber Coins
 Fresh Apple	Fresh Apple	Fresh Banana	Fresh Orange	Fresh Apple
Applesauce	Pineapple Tidbits	Rosy Applesauce	Cinnamon Apple Slices	Chilled Peaches
October 26-30				
Whole Kernel Corn	Steamed Carrots	Steamed Green Beans		
Citrus Kidney Bean Salad	Fresh Celery Sticks	Cucumber Coins		
 Fresh Apple	Fresh Apple	Fresh Blueberries		
Rosy Applesauce	Mandarin Oranges	Applesauce		