

Neenah Elementary Schools Menu - February - <u>HEALTHY FOOD FOCUS: HERBS & SPICES</u>

Student Lunch: \$2.50 Reduced Price: \$0.40 Milk: \$0.40 Extra Meal: \$2.70 Extra Entrée: \$2.50 Adult Lunch: \$3.80 A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and milk. Milk choices include skim white, 1% white and skim chocolate.

A cold vegetable and fruit bar is available daily on which we feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices. See back of menu for this month's featured selections. We also offer at least one hot vegetable daily on our serving line.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Crispy Fish Sticks w/ Tartar Sauce, Sweet Potato Puffs	WG Soft Chicken Taco w/ Refried Beans, WG Scooby Cinnamon Grahams	WG Spaghetti w/ Zesty Marinara & Mozzarella, Twisted Garlic Breadstick	Popcorn Chicken, Mashed Potatoes & Gravy, WG Dinner Roll	Toasty Cheese Sandwich, Tomato Soup
8	9	10	11	12
WG Soft Taco w/ Shredded Lettuce & Cheddar Cheese, WG Dinner Roll	Hot Dog on WG Bun, Boston Baked Beans	French Bread Pizza, WG Dinner Roll	Lucky Tray Day Cheesy Chicken & Rice Casserole, WG Dinner Roll	Ham & Cheese Bagel Melt, Potato Wedges
15	16	17	18	19
Fun Bag Lunch Chocolate Chip Muffin String Cheese Strawberry Yogurt	Walking Tacos, WG Dinner Roll	WG Macaroni & Cheese, WG Dinner Roll	Popcorn Chicken & Gravy w/ Mashed Potatoes, WG Dinner Roll	No School
22	23	24	Early Dismissal 25 Grab & Go	26
Breakfast for Lunch WG French Toast Sticks, Sausage Patty	Krabby Patty American Cheeseburger w/ Shredded Lettuce	Mini Chicken Corn Dogs, Potato Wedges	Smucker's Uncrustable, Fresh Baby Carrots, Seedless Raisins, Treat: WG Chocolate Chip Cookie	No School
29				
Ham & Cheese Bagel Melt, Potato Wedges				
Alternate Entre	es (available with daily hot veg	getable offering, your choice[s]	from our fruit/vegetable bar, and	
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
WG Chicken Nuggets	WG Pizza Dippers	WG Breaded Chicken Patty Sandwich	WG Classic Cheese Pizza	WG Pancakes & Sausage Patty
WG Smucker's Uncrustable w/ String Cheese	WG Smucker's Uncrustable w/ String Cheese	WG Smucker's Uncrustable w/ String Cheese	WG Smucker's Uncrustable w/ String Cheese	WG Smucker's Uncrustable w/ String Cheese
Cheese Chef Salad w/ WG Bagel	Cheese Chef Salad w/ WG Bagel	Cheese Chef Salad w/ WG Bagel	Cheese Chef Salad w/ WG Bagel	Cheese Chef Salad w/ WG Bagel

Menus subject to change without notice. Please visit www.neenah.k12.wi.us for our most current menu.

Questions or comments?

Please call Michele Stahmann, Dining Services Director at 920-751-6800 x 10150



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Go to MyPlate.gov for online personal wellness resources for you and your family.

School Foodservice Information

Price: \$2.50 paid, \$ 0.40 reduced*, free* (*if qualified), \$0.40 milk, \$2.70 extra meal, \$2.50 extra entree, \$3.80 adult lunch

No advance registration necessary! All students are welcome every day!

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school. Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans
Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com.

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Now Hiring!

Enjoy summers and school year breaks with your kids! Chartwells, an independent contractor for the Neenah Joint School District, is NOW HIRING for Food Service positions. Apply online at www.compassgroupcareers.com. For specific questions contact Michele at 920-751-6800



This Month's Fruit and Vegetable Bar Featured Selections:

Monday	Tuesday	Wednesday	Thursday	Friday
		February 1-5	-	
Sweet Potato Puffs	Refried Beans	Steamed Broccoli	Whole Kernel Corn	Peas & Carrots
Citrus Black Bean Salad	Dark Green Tossed Salad	Fresh Peas	Pinto Bean Salad	Fresh Broccoli
Raisins	Fresh Strawberries	Fresh Banana	Peaches	Fresh Apple
Apple Slices	Mixed Fruit	Raisins	Cinnamon Apple Slices	Pears
		February 8-12		
Steamed Green Beans	Boston Baked Beans	Seasoned Carrots	Steamed Broccoli	Potato Wedges
Pinto Bean Salad	Dark Green Tossed Salad	Fresh Peas	Citrus Black Bean Salad	Fresh Broccoli
Raisins	Fresh Strawberries	Fresh Apple	Pear Slices	Raisins
Mixed Fruit	Peaches	Raisins	Cinnamon Apple Slices	Pineapple Tidbits
		February 15-19		
Steamed Broccoli	Peas & Carrots	Steamed Peas	Steamed Whole Kernel Corn	No School
Citrus Black Bean Salad	Dark Green Tossed Salad	Fresh Spinach	Pinto Bean Salad	
Raisins	Fresh Strawberries	Pear Slices	Raisins	
Pears	Cinnamon Apple Slices	Fresh Apple	Mandarin Oranges	
		February 20-26	•	
Peas & Carrots	Steamed Broccoli	Potato Wedges	Early Release	No School
Pinto Bean Salad	Dark Green Tossed Salad	Fresh Peas		
Raisins	Fresh Strawberries	Fresh Apple		
Mixed Fruit	Cinnamon Apple Slices	Fresh Blueberries		
		February 29		
Potato Wedges				
Fresh Peas				·
Raisins				
Apple Slices				

1/28/2016